

Dashr | React

QUICK START GUIDE

The Dashr | React modules connect a little differently than your Dashr 2.0 lasers.

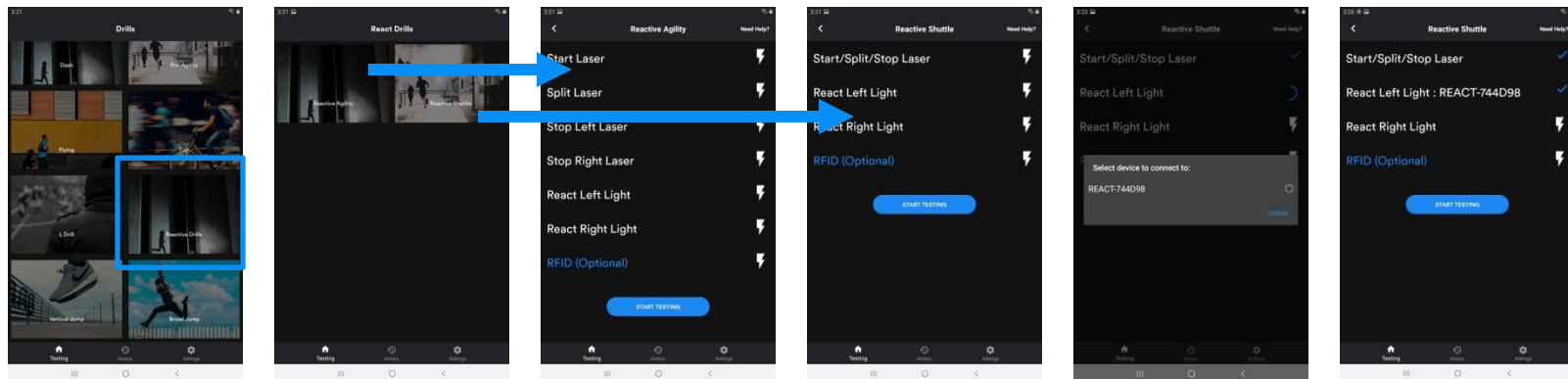
Step 1: Login to your Dashr App and navigate to the reactive agility drill you wish to perform.

Step 2: Connect any necessary Dashr 2.0 lasers.

Step 3: Once you are ready too connect your React modules, turn the module on (make sure they are off to start), wait for the LED to turn green then off, then press the lightening bolt next to the React left light. Identify the React Module, it should be named REACT-XXXXXX (the last 6 digits is the unique identifier for your module), and select it. You should get a blue check mark where the lightening bolt was.

Step 4: Repeat Step 3 with your second React Module for the React right light.

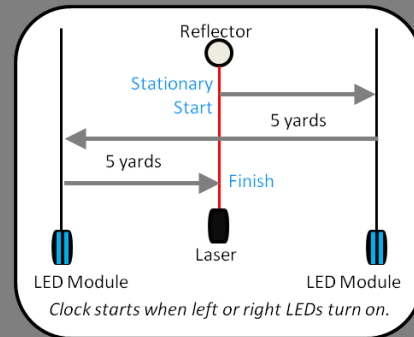
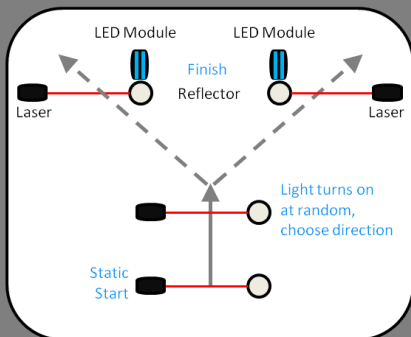
Step 5: Press the Start timing button to get to the testing page! See the back of this page for test description/operation.



Reactive Shuttle

– Requires 1 Dashr 2.0 timing gate and 2 React Modules.

The standard version of this test is identical to the Pro-Agility (5-10-5) except a React Module will light up at random (3-7 sec after the test is initiated), directing which direction the athlete moves. The clock starts when the light turns on, the final time and the athlete's reaction time are presented (time it took the athlete to leave the laser after the light turning on).



Reactive Agility Test (RAT)

– Requires 4 Dashr 2.0 timing gates and 2 React Modules.

The standard RAT has two gates 5 meters from each other, static start in the first gate, when the 2nd gate is crossed either the left or right React Module will light up, indicating the direction the athlete needs to go. The stop gate is 4 meters downfield and 3 meters to the left and right. It is not uncommon for this setup to be modified for sport specific tests.

Any Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This devices may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

To satisfy FCC RF exposure requirements for this transmission devices, a separation distance of 20cm or more should be maintained between the antenna of this device and persons during operation. To ensure compliance, operation at closer than this distance is not recommended. The antenna(s) used for this transmitter must not be co-located or operating in conjunction with any other antenna or transmitter. Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

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IC: 21098-ESPWROOM32
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Compliant with:
(1) USA, FCC Part 15.209
(2) Canada, RSS-Gen, Issue 4
(3) Japan: VCCI, V-3
(4) AS/NZS CISPR 32:2015

