

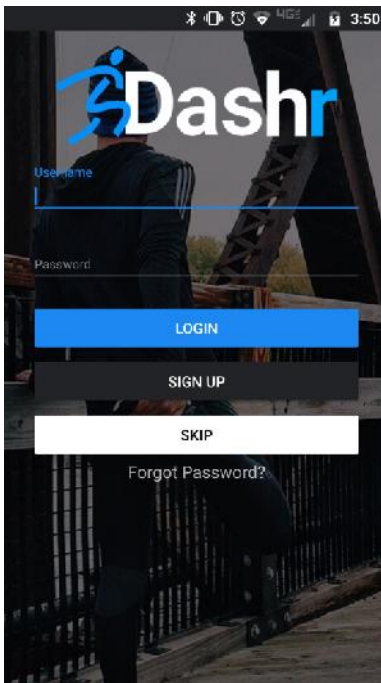
Dashr-Sprint



The new Dashr app, called Sprint, allows you better management of your rosters and athlete testing scores. Simply upload your roster to the online portal at www.dashrsystems.com and link your phone to your account (Note: You must first create your account via the Sprint app before you can login to the online portal).

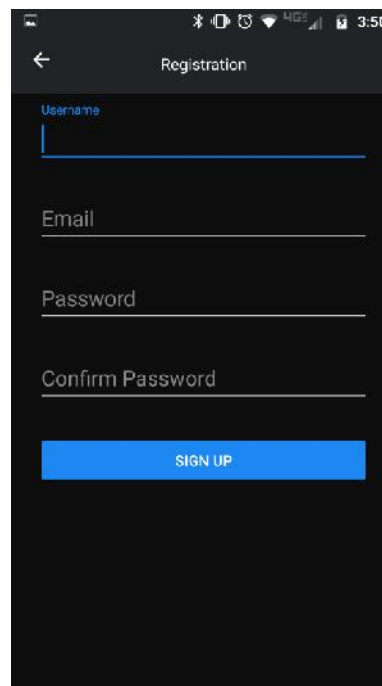
Pricing of this feature is based off roster spots. You can purchase spots in bundles of 100 or more and each new athlete you add to your roster takes one of those spots. An athlete can stay on your roster for 4 days or 4 year, you will not be charged again for that specific athlete. Below are some screenshots and instructions to get you started.

Login screen

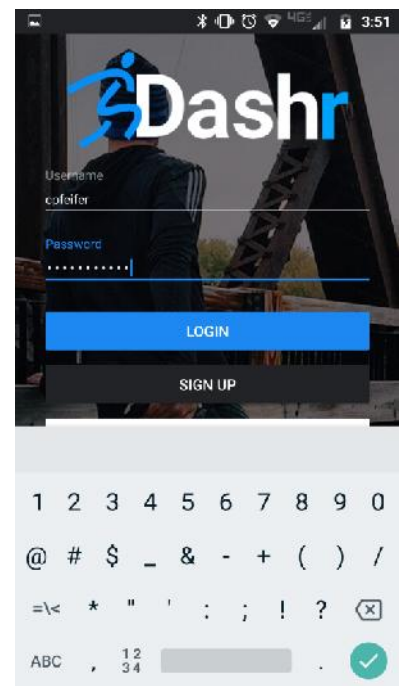


If you have previously created an account, login. If you have not, select “SIGN UP” and enter the necessary information.

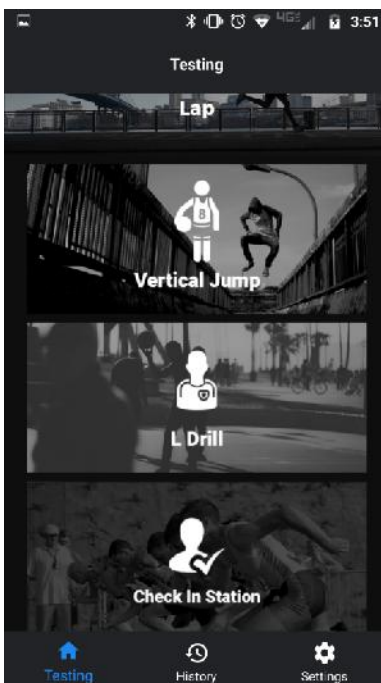
Dashr Registration page



Login screen



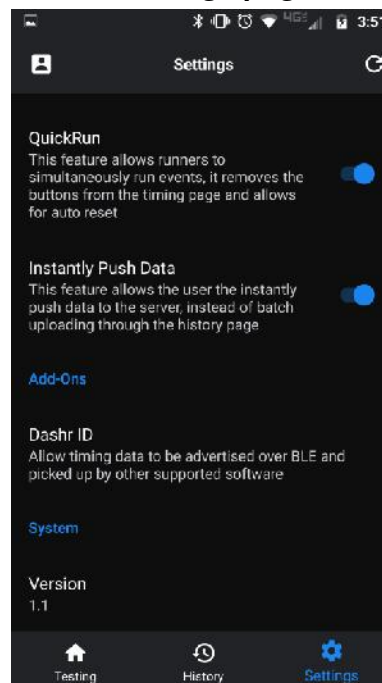
Event list screen



On Sprint you will see that there are a couple more event options. We will continue to add to this list as we grow.

Start by going to the “Settings” tab on the bottom right corner.

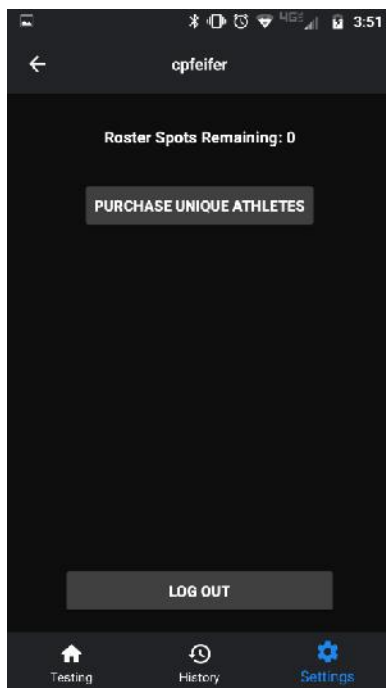
Settings page



Here you will see a number of options that you may or may not already be familiar with.

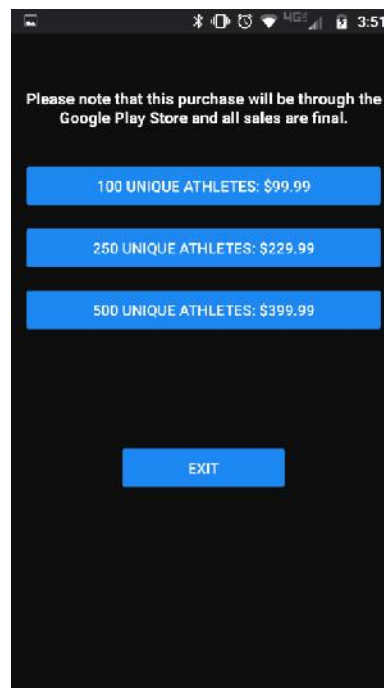
On the top left there is a little portrait looking button, select that to go to your personal profile.

User profile page



Here you can confirm that you are logged into your account at the top of the screen and below that, view how many roster spots you have remaining.

Roster spot purchasing page



When you select “Purchase Unique Athletes” you will see this page where you can purchase more roster spots through the Google Play Store.

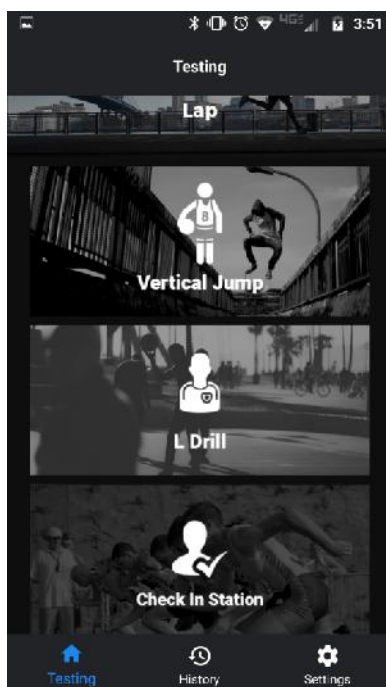


Now that you have roster spots you can upload your roster to the Dashr Portal. Go to www.dashrsystems.com and note that the “Portal” page is located within the “Sprint” Page, within the menu bar at the top right of the screen.

Your first time logging into the Portal, go to Results and press the “Export to csv” button. This will get you a blank roster in the proper format to fill out. Once you have filled it out, make sure you select “Save As” and save it as a .CSV file. You can now head to the Portal and login using your credentials. Once on the Portal, select the “Upload Roster” button towards the bottom of the page. Find the .CSV file you just made and open it. At the top right of the screen you should see a count on how many athletes were added to your roster. If you have duplicate names, only one will upload, if you update your roster later on and upload again, the athletes that have already been uploaded will not be uploaded again, so don’t worry about losing roster spots!

For more details on this process, check out the instructional video on the Sprint page of our website.

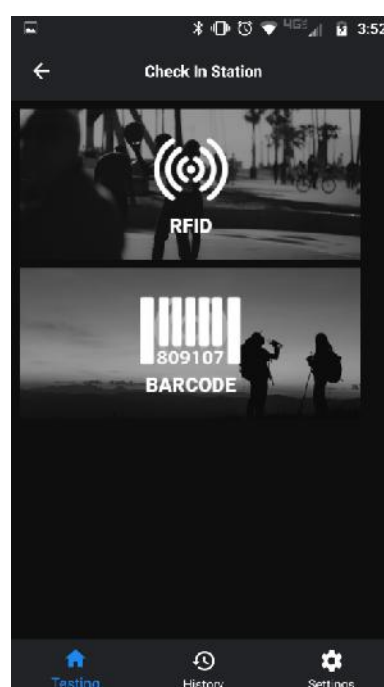
Event list screen



Now that you have uploaded your roster, your app will update with the roster as long as you are on WiFi or a network.

Now you can navigate to the “Check In Station” to access your roster and check-in your athletes.

Check In Station page

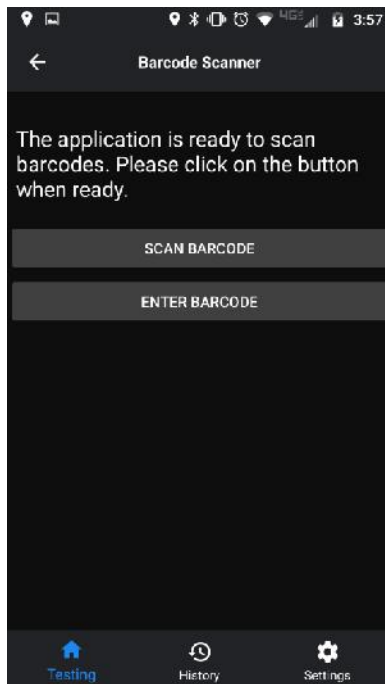


Here you see a couple ways to better automate your training/testing. You can purchase additional RFID modules and bands as well as barcoded wrist bands to speed up athlete identification.

If you do not have this additional hardware, select “Barcode.”



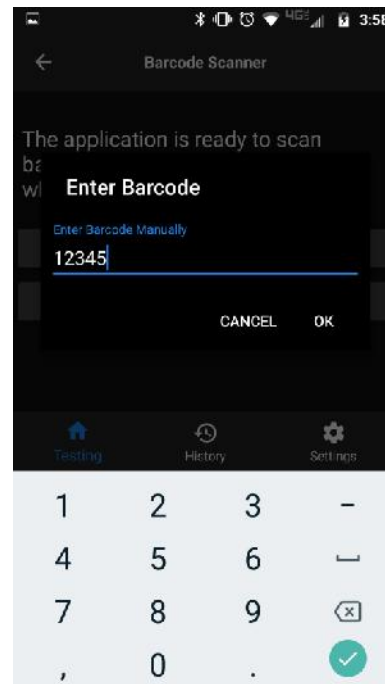
Barcode Scanner page



If you have Dashr barcode wristbands, you could scan them here, using the camera on your phone of the Dashr barcode scanner.

If not, you can select “Enter Barcode.”

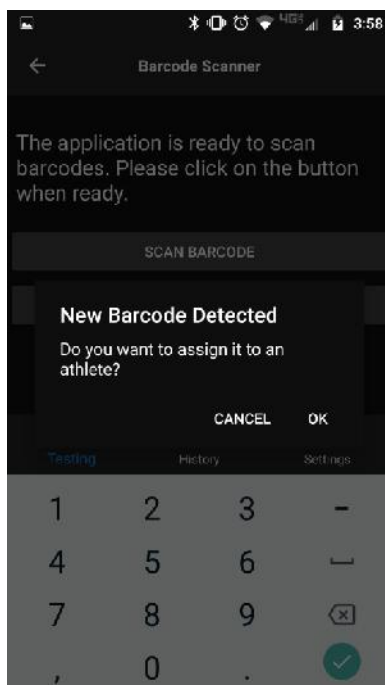
Enter Identifier



This is where you will enter an identifier for your athlete. This could be their jersey number, bib number, or any other identifier you choose.

Using RFID or barcode hardware removes this step.

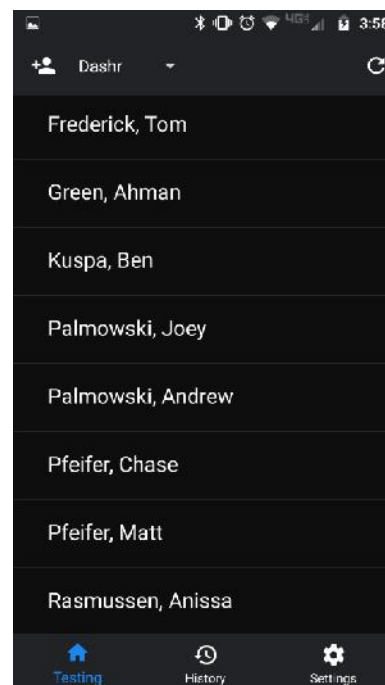
Barcode Scanner page



You should then see this page if you have entered a new identifier that is not linked to anyone on your roster.

If you enter a previously used identifier, the app will let you know and will ask if you want to reassign it.

Select from Roster



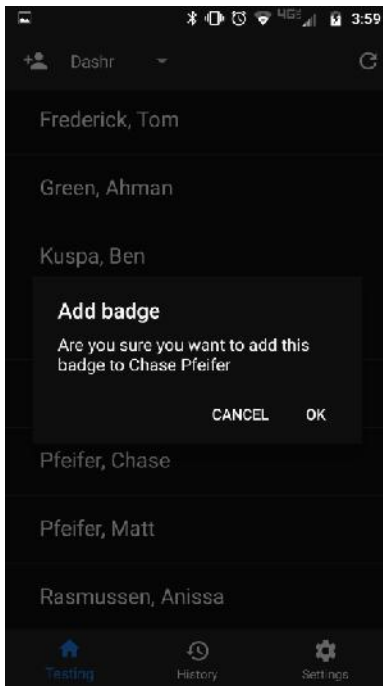
Now you will be able to choose the athlete from your roster, and link them to that identifier.

Make sure the option at the top says “Dashr” to link to your Dashr roster. If you are using Drillstack, make sure it says “Drillstack”

If your athlete is not on your roster, you can add him or her on this page by pressing the icon that looks like a person with a plus sign. You will need to have spots available on your roster for this to work.

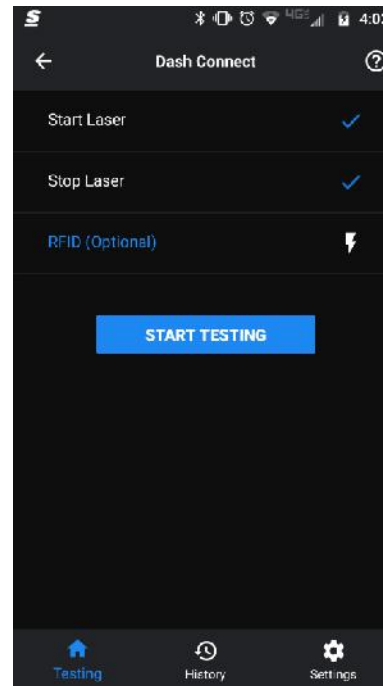


Badge confirmation



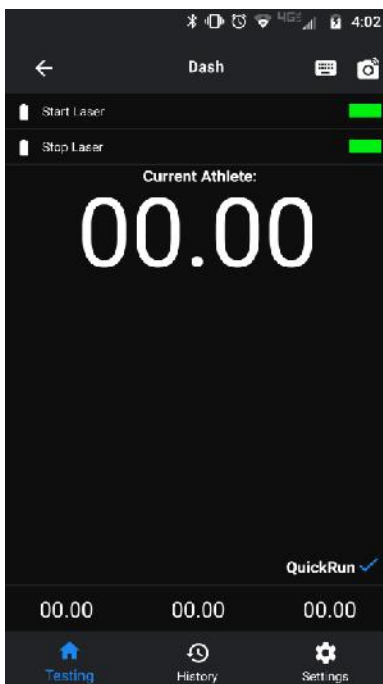
Once you select and athlete you will need to confirm that you made the correct selection.

Timing Event – Laser Connect



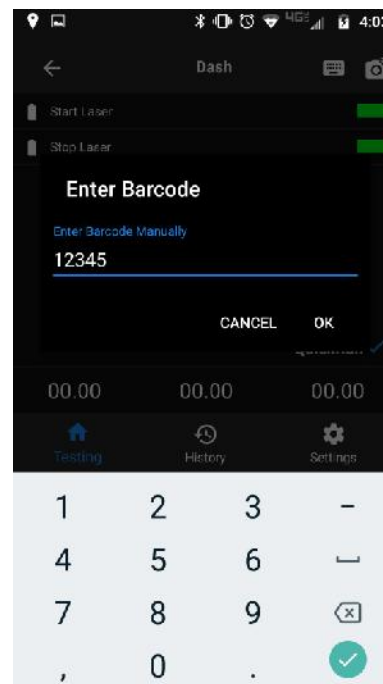
Once you have your athletes all checked in, set up your event. Note: You can use another device linked to your account to perform the check-in while other athletes are testing as long as all the devices are on a network or WiFi. Simply go to the settings page and press the refresh button at the top right to sync your roster.

Timing Event – Testing



Once you “Start Timing” you will be directed to this page. In order to select your athlete, press the keyboard icon on the top right of the screen (the camera is the Dashr barcode scanner).

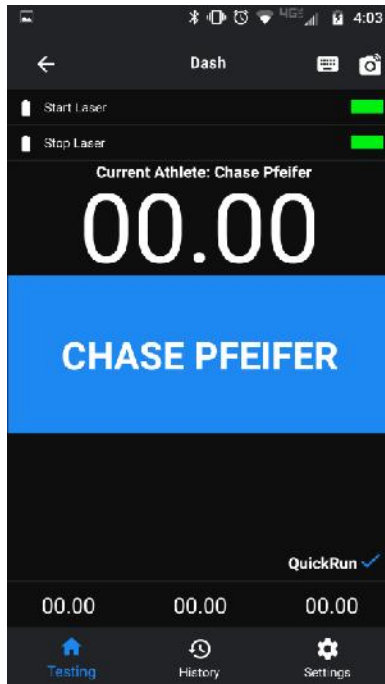
Timing Event – Enter Identifier



Type in the athlete's identifier and press “OK.”

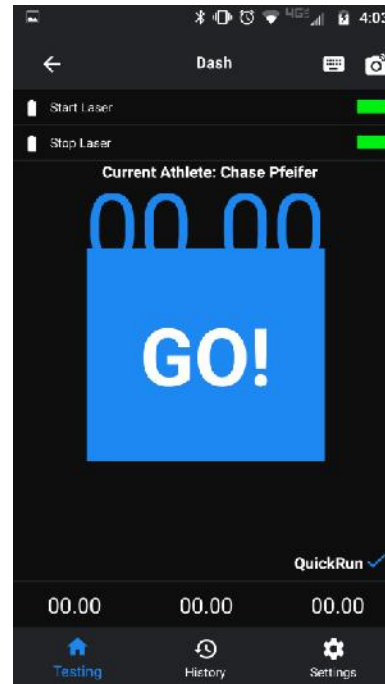


Badge confirmation



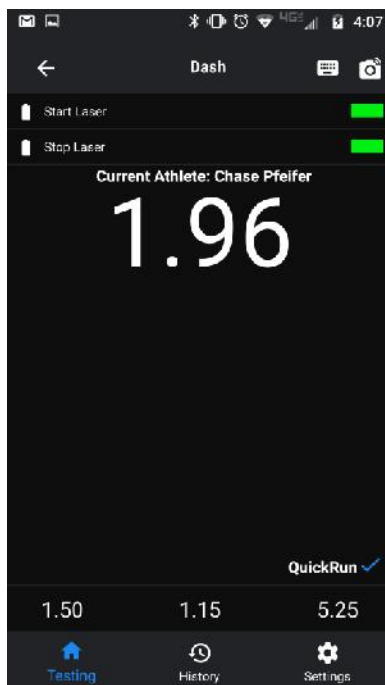
The name of the athlete associated with the identifier will pop up on your screen and you continue to see their name above the time.

Timing Event – Run!



Now that your athlete is selected, have them go the event.

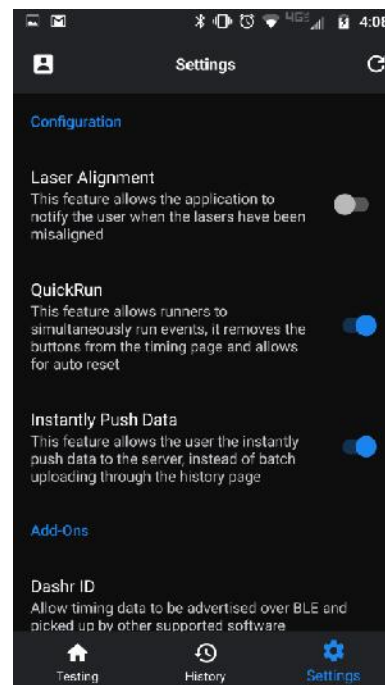
Timing Event – Testing



By default, times will automatically be pushed to your roster online.

That is it! Now that same athlete can train/test over and over again with their times stored, or you can hit the keyboard and enter in a new identifier for a new athlete.

Settings Page

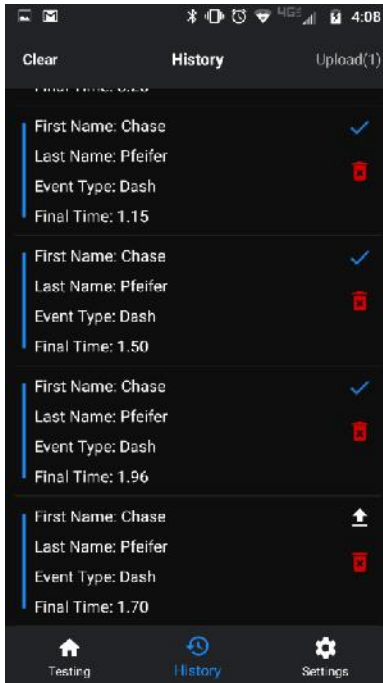


If you do not have an internet connection, or you do not want all the times automatically sent to your roster, go to the settings tab.

Here you can turn off “Instantly Push Data” and all the times will remain on your phone until you sync them with your roster.

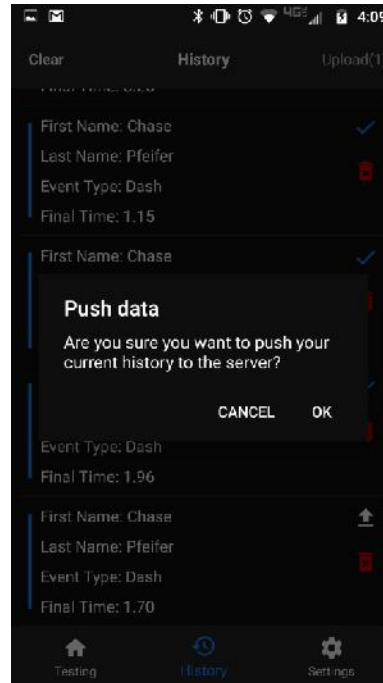


History Page



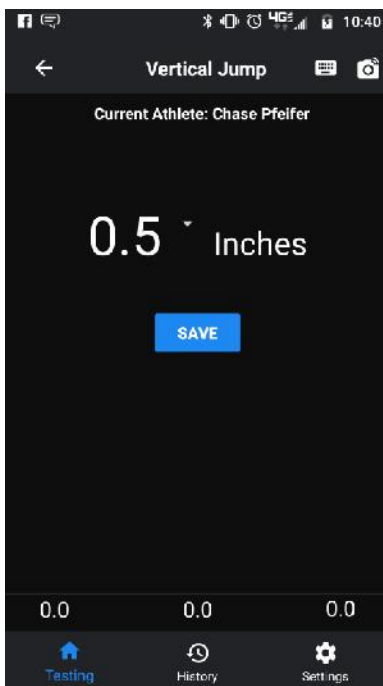
Testing data can be viewed through the history tab. Here you can see what has been uploaded (blue check) and what has not (white arrow). You can delete times by pressing the red trash can or upload all the remaining times by pressing the upload button at the top right.

History Page – Upload



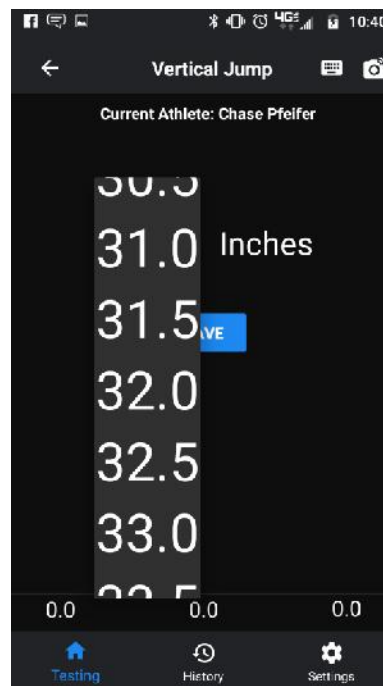
If the upload button is pressed and you have data to upload, you will see this confirmation screen.

Vertical Jump



You will also notice that we have a Vertical Jump event as well. Here you can follow the same procedure to identify the athlete.

Vertical Jump – Data Selection



When the number is pressed, a drop down menu reveals itself for you to select a vertical jump height.

We will be adding additional metrics in the future such as broad jump and biometrics such as height and weight.